

PRESS RELEASE



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For Immediate Release

Clayton County Senior Services Partners with Metro Atlanta Health Care Providers to Promote Free Diabetes Program for Seniors

*Seniors to receive free diabetes testing on Diabetes Alert Day as they work to
"Get A Jump On Diabetes"*

Jonesboro, GA – Clayton County's Senior Services Department will observe World Wide Diabetes Alert Day by offering free diabetes screening and educational awareness to county seniors on Tuesday, March 27, from 10:00am – 11:30am. The Diabetes Alert Day activities will take place at the Frank Bailey Senior Center located at 6213 Riverdale Road, Riverdale, GA.

Seniors will receive diabetes awareness information from the Metro-Atlanta YMCA, Put Up Your Dukes Foundation and Medicare Diabetes Screening on a new diabetes program "Get A Jump On Diabetes" currently being offered for free in the Atlanta area. Through a partnership with Novo Nordisk, qualifying seniors 65 and older, that are overweight and diagnosed with pre-diabetes can receive health scholarships and attend health sessions offered at Atlanta area YMCAs. Within a classroom style environment, a trained lifestyle coach will educate older adults on improved eating habits, ways to increase physical activity and other changes that can lead to a healthier lifestyle.

In Atlanta alone, there are currently more than 80,000 adults, 65 or older who have pre-diabetes and unfortunately most are not aware that they suffer from the chronic disease. Community leaders such as Chairman Eldrin Bell; Dr. Alpha Bryan, Director, Clayton County Board of Health; Jamie Dukes, Founder, Put Up Your Dukes Foundation; Linda Vaughn, Metro Atlanta YMCA; Maurice Madden, Georgia Director, Medicare Diabetes Screening Project; and Southern Regional Medical Center are reaching out to senior residents to offer unique programs such as "Get A Jump On Diabetes". Programs that also effectively address the unique health care needs of seniors and serves as a vital component in helping to create Lifelong Communities for seniors in Clayton County.

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